



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 35228, Sea lion, Steller, heart (Alaska Native)

Report Date: July 16, 2017 06:05 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	76.20	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2008
Energy	kcal	102	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2008
Energy	kJ	426	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2008
Protein	g	17.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2008
Total lipid (fat)	g	3.30	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2008
Ash	g	1.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2008
Carbohydrate, by difference	g	1.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2008
<strong>Minerals</strong>													
Calcium, Ca	mg	5	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Iron, Fe	mg	6.70	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Magnesium, Mg	mg	22	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Phosphorus, P	mg	263	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Potassium, K	mg	319	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sodium, Na	mg	115	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Zinc, Zn	mg	2.24	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Copper, Cu	mg	0.306	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/2008
Manganese, Mn	mg	0.037	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2008
Selenium, Se	µg	122.0	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2008